



# Equilibrium

HEALING

## Adult Intake Form

(Please Print)

### PATIENT INFORMATION

Today's date:												
Last name:					First:		Middle:		Mr. Mrs. Miss Ms.		Marital status:	
Birth date:			Age:		Sex: male fem							
dy / mth /yr												
Street address:					Home phone no.:			Other phone no.:				
P.O. box:					( )			( )				
City:			Province:				Postal Code:					
Occupation:			Employer:					Employer phone no.:				
								( )				
Referred to clinic by (please check one box):					Family		Friend		o			
Hospital		Insurance Plan		Close to home/work		Internet		Lecture/Workshop				
Name and phone no. of Family Physician:												
Name and phone no. of Homeopath (if you have previously seen one):												

### IN CASE OF EMERGENCY

*Name of local friend or relative:				Relationship to patient:		Home phone no.:		Work phone no.:	
						( )		( )	

### Vital Statistics

Height:		Weight:		Blood Pressure:		Pulse:		Date of Last menstrual period:	
Age of first menses:			# Pregnancies?			# Miscarriages or Abortions:			
Allergies:									

### HEALTH HISTORY

What is your main health concern? When did it start?

Did this concern start after an event, accident or mental upset? Such as shock, worry, dietary, overexertion, weather?

Does anything make it better or worse?

Do you have any other health concerns? Please list in order of importance for you.

Please check if you have **ever** had any of these conditions:

- |              |                |                             |
|--------------|----------------|-----------------------------|
| Abscesses    | Headaches      | Pelvic inflammatory disease |
| Alcoholism   | Heart trouble  | Pneumonia                   |
| Anemia       | Hypertension   | Prostate disease            |
| Appendicitis | Hepatitis      | Rheumatic Fever             |
| Arthritis    | Herpes         | Sexual abuse                |
| Asthma       | Influenza      | Skin disease                |
| Cancer       | Jaundice       | Strep throat                |
| Chicken pox  | Kidney disease | Sinusitis                   |
| cold sores   | Leukemia       | Stroke                      |
| Depression   | Liver disease  | Syphilis                    |
| Diabetes     | Malaria        | Tonsillitis                 |
| Eczema       | Measles        | Tuberculosis                |
| Epilepsy     | Mental illness | Venereal warts              |
| Emphysema    | Mononucleosis  | Warts                       |
| Gall stones  | Mumps          | Whooping cough              |
| Goitre       | Nosebleeds     | Worms                       |
| Gonorrhoea   | Parasites      | Yellow fever                |
| Gout         |                |                             |
| Others?      |                |                             |

P\*ease describe any major surgeries. When? Complications?

P\*ease list all drugs, medications or supplements which you are currently taking, the \*reason and the effect.

List all the vaccinations you have had and any adverse reactions.

## LIFES\*YLE

Check (any of the following that you currently use and indicate how often you use them or how long you have been using them)

laxatives_____	Birth Control Pill_____	*Alcohol_____	Recreational Drugs_____
cortisone_____	Pain Relievers_____	Aspirin_____	Anti-*depressants_____
Tabacco_____	Sleeping Pills_____	Antacids_____	

What exercise do you do and how much?

Are you regularly exposed to toxins or other hazards (home, work, hobbies, etc.)? Please describe:

## FAMILY HISTORY

Please check which ailment has affected you family and who was affected:

Alzheimer's	Epilepsy	Skin diseases
Alcoholism	Gonorrhoea	Syphilis
Asthma	Hypertension	Tuberculosis
Arthritis	Heart disease	Ulcers
Cancer	Hepatitis	Others
Diabetes	Mental illness	
Depression	Pneumonia	

*Thank you for taking the time to fill out these forms.*

*All your information is confidential.*

*We look forward to working with you on your journey to health and wellbeing.*

**EQUILIBRIUM-HOMEOPATHY**